






2018 COURSE OVERVIEW








THE ABENAKI PURSUIT








“Without adventure, civilization is in full decay.”





-Alfred North Whitehead







Leg 1	Stats	Time Estimates
 TREKKING	17 miles (27 km) distance + 5,150 ft (1,570 m) ascent -6,000 ft (1,829 m) descent	Fastest estimate: 8:30 hours To finish full course estimate: 12:00 hours
Transition Area #1 at end of leg has . . .		Notes
 Personal racer gear bins	 Mountain bikes	CP 1-9, concludes at TA 1 (CP 9) Team gear bins will be present at CP 4. For CPs 1-4, a mandatory race gear amendment is in effect; the only mandatory gear for CPs 1-4 are: <ol style="list-style-type: none"> 1. Personal gear <ol style="list-style-type: none"> a. Official race bib b. Whistle 2. Team gear <ol style="list-style-type: none"> a. First aid kit b. Sealed mobile phone c. Compasses d. Race provided GPS tracking device






Leg 2	Stats	Time Estimates
 BIKING & CANOEING	61 miles (98 km) distance + 2,600 ft (792 m) ascent -3,000 ft (914 m) descent	Fastest estimate: 11:00 hours To Finish estimate: 15:00 hours
Transition Area #3 at end of leg has . . .		Notes
 Team paddle gear bins	 Mountain bikes    	Biking precedes canoeing. Team paddle bin present mid Leg at TA 2 (at start of the canoe sections). CP 10-18, concludes at TA 3 (CP 18) Approximate 50/50 split between biking and canoeing


Leg 3	Stats	Time Estimates
	70 miles (113 km) distance + 6,500 ft (1,981 m) ascent -5,900 ft (1,798 m) descent	Fastest estimate: 10:30 hours To Finish estimate: 15:00 hours
Transition Area #4 at end of leg has . . .		Notes
 Personal racer gear bins	CP 19 – 32, concludes at TA 4 (CP 32) CP 27 has the MTB-O relay course and “Pancake Paradise” where we have fresh pancakes for sale as a ShelterBox fundraiser; \$10 per person or 2 people for \$15. Electrical outlets and potable water will be available at the location of the MTB-O relay course. *Teams must complete this leg by 3 AM on Friday July 27 th or be routed onto a short-course	

Leg 4	Stats	Time Estimates
	18 miles (29 km) distance + 4,600 ft (1,402 m) ascent -4,500 ft (1,372 m) descent	Fastest estimate: 5:00 hours To Finish estimate: 8:00 hours
Transition Area #5 at end of leg has . . .		Notes
 Mountain bikes		CP 33-35, concludes at TA 5 (CP 35) No gear bins will be present at TA #5.

Leg 5	Stats	Time Estimates
	64 miles (100 km) distance + 4,200 ft (1,280 m) ascent -5,550 ft (1,692 m) descent	Fastest estimate: 10:00 hours To Finish estimate: 14:00 hours
Transition Area #6 at end of leg has . . .		Notes
 Personal racer gear bins	 Team paddle gear bins	CP 36-53, concludes at TA 6 (CP 53). Bikes will be dropped at CP 50 Approximate 75/25 split between biking and trekking
		

Leg 6	Stats	Time Estimates
	24 miles (39 km) distance + 140 ft (43 m) ascent -320 ft (98 m) descent	Fastest estimate: 4:30 hours To Finish estimate: 8:00 hours
Transition Area #7 at end of leg has . . .		Notes
 Personal racer gear bins	 Team paddle gear bins	CP 54-55, concludes at TA 7 (CP 55).
 	 Mountain bike (one per team – bike & tie starts next leg)	

Leg 7	Stats	Time Estimates
	59 miles (95 km) distance + 4,550 ft (1,387 m) ascent -4,120 ft (1,256 m) descent	Fastest estimate: 11:00 hours To Finish estimate: 18:00 hours
Transition Area #8 at end of leg has . . .		Notes
 Personal racer gear bins	 Team paddle gear bins	CP 56-71, concludes at TA 8 (CP 71). Approximate 75/25 split between biking and other activities
 		

Leg 8	Stats	Time Estimates
	20 miles (32 km) distance + 0 ft (0 m) ascent -0 ft (0 m) descent	Fastest estimate: 4:00 To Finish estimate: 7:00
Dark Zone		Notes
For safety, a “dark zone” is in effect for this leg of the race from 3 PM to 3 AM. No team may start on this leg between 3 PM and 3 AM; they will be held at TA 8 until 3 AM. Time credit will be given for any wait at this “dark zone” – if one arrives at 11 PM, for example, one can’t leave until 3 AM the next morning and the team will receive a 4 hour time credit to their overall finish time.		CP 71-74, concludes at FINISH LINE (CP 74).